

BRIEF DEFINITE REPORT

Total and biologically active CD154 in patients with SLE

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Abstract

CD154, a member of the tumor necrosis factor receptor family, is involved in several biological responses. In the sera of systemic lupus erythematosus (SLE) patients, the levels of sCD154 have been shown to be increased, however, few reports have dealt with the biologically active tetramer. Here, we assessed the biological activity of the serum CD154 tetramer using bioassays for BC activation and production nitrite or peroxide. The patients showed a markedly increased total sCD154 serum concentration (12.5 ± 8.2 vs. 3.9 ± 1.2 ng/ml; $p < 0.001$). ba-sCD154 was significantly increased in non-treated patients (7.4 ± 3.4 ng/ml, $n = 22$; $p < 0.001$) and patients with the highest SLE disease activity index (SLEDAI) scores (5.3 ± 2.9 ng/ml, $n = 8$), but not in stable patients (1.3 ± 1.2 ng/ml, $n = 30$) whose values were similar to normal healthy donors (NHD; 0.8 ± 0.2 ng/ml). Patients with SLEDAI above 8 that recovered after successful treatment displayed significantly decreased levels of ba-sCD154. We conclude that the bioassay is a useful tool discriminating active and stable SLE, as well as non-treated patients.

Keywords: *ba-sCD154, SLE, ELISA*

Introduction

Several hypotheses have been proposed to explain the genesis of autoimmune disorders. Hyperactive non-apo memory cells against specific or non-specific autoantigen have been a common characteristic of autoimmune disorders [1]. Certain antigens play important roles in understanding autoimmunity. Among them, the CD40–CD154 interaction has been involved in different key events in innate and acquired immune response [2]. In most autoimmune disorders like systemic lupus erythematosus (SLE), CD154 is over expressed in CD4+ memory T cells (TC). In addition, ba-sCD154 has also been encountered [2–8]. CD154 blockage with specific antibodies (Ab) has been shown to be a successful experimental treatment for several diseases from atherosclerosis to SLE [6].

Only few reports, like that of Vakkalanka et al. [4], have addressed the issue of the biological activity of sCD154 and quantified the tetramer. They suggested

that this molecule is crucial for the biological response in SLE. Garmendia et al. [9] have performed bioassays to determine the amount of ba-sCD154 as compared to total sCD154 detectable by enzyme-linked immunosorbent assay (ELISA). In patients with chronic idiopathic urticaria, ba-sCD154 discriminated patients with positive and negative auto-logous serum skin test and thus provided evidence for immune cell activation in this chronic disease.

Materials and methods

Blood samples were obtained from 60 patients with SLE and 60 controls (see manuscript of Liliana Rivas this issue). A written consent was obtained from all the individuals involved in the study and the study was approved by the local Bioethical Committee. Some characteristics of the population are depicted on Table I. Serum sCD154 levels were assessed using a commercial sandwich ELISA assay (Chemicon

Table I. Patients' characteristics and total soluble CD154.

	NHD (n = 100)	SLE	
		Non-treated (n = 22)	Treated (n = 38)
Age	33 ± 12	34 ± 12	31 ± 5
Female	85 (85%)	20 (91%)	35 (92%)
SLEDAI	–	9.5 ± 4.6	7.1 ± 3.2
sCD154 (ng/ml)	3.9 ± 1.2	11.9 ± 3.6*	6.7 ± 2.3**
ba-sCD154 (ng/ml)	0.8 ± 0.2	7.4 ± 3.4*	2.9 ± 1.5**

Note: * $p < 0.001$ as compared to NHD; ** $p < 0.01$ as compared with NHD, assessed by ANOVA and Bonferroni post test.

International, Temecula, CA, USA). The ELISA did not distinguish ba-sCD154 and non-active forms of sCD154.

The biological activity was performed as described previously [9]. Briefly, we assessed proliferation of purified BC, and nitrite and peroxide production of RAW 264.7 cells and Nph, respectively [10]. The specificity of the biological activity was confirmed by addition of Ab or Ig-CD40 (Ansell, Bayport, MN, USA), both specifically neutralizing the activity of sCD154. Surface expression of CD154 (Ansell) was assessed by flow cytometry.

Results and discussion

Table I represents the characteristics of the patients and the values of total and ba-sCD154. The untreated patients displayed significantly higher values of ba-sCD154 than NHD (7.4 ± 3.4 ng/ml vs. NHD 0.8 ± 0.2 ng/ml, $n = 22$; $p < 0.001$). These patients were grouped according to SLE disease activity index (SLEDAI) index with a threshold of 8. Those with SLEDAI > 8 displayed a significant higher ba-sCD154 level than those SLEDAI < 8 (14.3 ± 3.6 ng/ml, $n = 10$ and 5.5 ± 2.8 ng/ml, $n = 12$; $p < 0.01$). For treated patients with SLEDAI > 8 ($n = 8$) and SLEDAI < 8 ($n = 30$) ba-sCD154 values were 5.3 ± 2.9 and 1.3 ± 1.2 ng/ml, respectively ($p < 0.01$).

The patients with the highest SLEDAI indices above 8 ($n = 18$), either treated or non-treated, were longitudinally studied for 6 months (6 times) after treatment was started or changed. Their ba-sCD154 levels dramatically decreased from 9.8 ± 3.5 to 2.7 ± 2.1 ng/ml ($p < 0.01$). The decrease was gradual, but constant and paralleled the decrease in autoantibodies and the increase in C3 and C4, although these changes were not statistically significant ($r = 0.15$ and 0.2). These changes in sCD154 may reflect immune cell deactivation upon successful treatment [2–6].

Several questions remain unanswered, e.g. concerning the fate of ba-sCD154, since it has been suggested that it may be degraded or modified. We have studied a group of patients ($n = 35$), in which

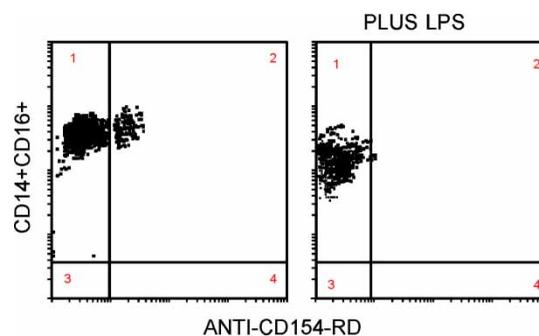


Figure 1. Effect of LPS on CD14+ CD16+ cells. Note: The figure represents a flow cytometry assessment of a SLE patient with high CD154 expression in the CD14CD16 population treated with LPS. A marked decrease in CD154 is observed.

leukocyte surface CD154 was assessed by flow cytometry. Interestingly, patients, but not controls, had the highest expression of CD154 in CD14+ CD16+ MΦ and not in CD4+ TC ($4.5 \pm 1.5\%$ vs. $0.2 \pm 0.3\%$; $p < 0.05$). Cells were stimulated with 1 μg/ml lipopolysaccharide (LPS) for 5' and subsequently assayed for CD154 expression. Most of the CD154 was liberated from the membrane upon LPS treatment, since the molecule was captured by fluorescent beads covered with anti-CD154. As shown in Figure 1. These results are in agreement with those of Katsiari et al. [11] and, as postulated by Schiffer et al. [12], this parameter may be useful identifying lupus nephritis.

It can be concluded that ba-sCD154 is an important molecule for cell activation. It may be used to assess systemic immune activation and seems to be predominantly secreted by CD14+ CD16+ inflammatory MΦ which, upon deactivation or tissue redistribution, express CD40.

Acknowledgements

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